



Movement Dynamics

Athlete Development

Long Term

Athlete Development

Level One Course

Presented by:

Kelvin Giles - Strength & Conditioning Specialist and

Michael Dalgleish - Sports Physiotherapist

Leading authorities in the Australian sports network

Learn how to solve the problems of:

Physical Competence assessment through the Training Stages.

Exercise selection, progression and integration through the Training Stages.

How to accurately progress from the Fundamental Stage to the Training to Win Stage

A 'MUST-DO' COURSE FOR ALL PRACTITIONERS INVOLVED WITH THE DEVELOPING ATHLETE

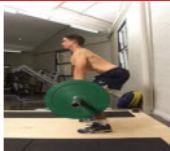
COURSE ONLY: COST £201.25

Course includes:

Course notes

Lunch

Morning and afternoon teas.



SEMINAR TO BE HELD AT

The PGA National Training Academy

Ping House, The Belfry

Sutton Coldfield

West Midlands B76 9PW 27th/28th January

REGISTRATION

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www.movementdynamics.com